



**University of
Zurich**^{UZH}

**Zurich Open Repository and
Archive**

University of Zurich
University Library
Strickhofstrasse 39
CH-8057 Zurich
www.zora.uzh.ch

Year: 2012

Treatments in inflammatory bowel disease. Preface

Rogler, Gerhard ; Vavricka, Stephan

DOI: <https://doi.org/10.1159/000343016>

Posted at the Zurich Open Repository and Archive, University of Zurich

ZORA URL: <https://doi.org/10.5167/uzh-76207>

Journal Article

Published Version

Originally published at:

Rogler, Gerhard; Vavricka, Stephan (2012). Treatments in inflammatory bowel disease. Preface. Digestion, 86(Suppl. 1):IV.

DOI: <https://doi.org/10.1159/000343016>

Preface

Many reviews on the treatment of inflammatory bowel disease (IBD) have been published in recent years. So why add another special edition of *Digestion* on this topic to the list of publications on IBD treatment?

First, views may differ in different areas of the world due to differences in resources and health systems. The articles published in this special edition of *Digestion* reflect mainly the European view. Further, significant treatment progress has been made. New insights have been gained during the last years and treatment optimization has been studied in many trials. It is important to keep updated with these new insights to provide the best treatment possible for our patients.

With calprotectin having an increasing role, the monitoring of therapy has changed significantly. Therapy of steroid-resistant IBD is still a challenge and worth to be updated. The same is true for fibrostenotic and fistulizing Crohn's disease. Mucosal healing under anti-TNF therapy is widely discussed and subsequently it appears to be important to bring the facts together in a comprehensive way. Extraintestinal manifestations are a frequent problem in our patients. However, it is not easy to find a comprehensive summary of possible treatments. The impor-

tance of topical therapies in IBD cannot be highlighted enough. Questions on fertility, outcome of pregnancy and breastfeeding in IBD are raised frequently by our patients.

In this special issue of *Digestion* these important topics are discussed in a very comprehensive way. Efforts have been undertaken to present many of the facts in a novel way. For example, we present for the first time a table with all rectally administered therapies with the respective volume of the preparation. It is surprising that this information has not been available so far. For our patients with active colitis the volume of their rectal therapy definitely matters a lot and may decide on adherence and subsequently therapeutic success. To gather this information contacts with IBD centers and pharmacies all over Europe and Northern America were necessary. This is just one example of the quality of information we aim to provide with this special edition of *Digestion*.

We definitely hope that this information will be helpful for both readers and later on for patients.

Gerhard Rogler, Zürich
Stephan Vavricka, Zürich
Guest Editors